

June 1-September 30



2023 Summer Water Fitness Schedule

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 - 7:55AM		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	
		SHALLOW WATER	SHALLOW WATER	DEEP WATER ART	DEEP WATER	DEEP WATER ART	SHALLOW WATER
8:00-8:55AM		ART (TORI)	AEROBICS (COV)	(TORI)	AEROBICS (COV)	(TORI)	AEROBICS (COV)
10:00-11:00AM							AQUA BOARD
11:00 - 1:00PM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM (Deep)
	(Deep)						
7:05 - 9:00PM		LAP SWIM (Deep)	LAP SWIM (Deep)	LAP SWIM (Deep)	LAP SWIM (Deep)		

Lap Swim and Water Fitness Fees:

<u>Age</u>	Per Visit	Fitness Pa	Fitness Passes*		
13-54	\$8.00	10 visits	\$65		
		30 visits	\$165		
55+	\$7.00	10 visits	\$50		
		30 visits	\$135		

^{*}Classes with Tori are not included in the Water Fitness Pass.

DROP-INS WELCOME IF SPACE IS AVAILABLE

All Lap Swim programs are held in the Recreation Pool with the exception of the PM and Weekend NOON sessions which are in the Competition Pool.

This schedule is subject to change. Updates will be posted at cityofvacaville.com/aquatics and at the Graham Aquatic Center.

Registration Assistance

RecWeb@cityofvacaville.com 707-469-4020