

"We change when we are tired of the way things are."

Find out what changes can happen for you, your child, and your family.

English classes are offered four times during the year, and Spanish classes are offered twice a year. Call for a schedule or to register in the classes.



**SIGN
UP
TODAY
FOR A BETTER
TOMORROW**

What your neighbors are saying...

"Great class! I wish I had taken this class ten years ago."

~

"This class saved our marriage."

~

"I have hope once again. This class was great and very helpful."

~

"I am sorry to see the class end. This was terrific."

~

"Every parent should be required to take this class."

~

"The closest thing I have seen to an operator's manual for kids."

~

For more information:

Gary Stanoff 707-437-8185

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Spanish Parent Project:

Isabel Montano 707-469-6606

Hearing Impaired: 707.449.5162

PARENTING?

Find Help With the Parent Project®
And Parent Project Jr.®



**The tougher it is to be a kid -
The tougher it is to parent.
Learn the tools.**



Vacaville Police Department
660 Merchant Street
Vacaville, CA 95688
707.437-8185

What is Parent Project® ?



Parent Project® is a parent-training program specifically for parents of strong-willed, out-of-control children.

Parents learn how they can best influence their child's choices through behavioral interventions that begin at home.

Are you frustrated with your "difficult" adolescent? Are you worried about their behaviors, such as:

- * Drugs and alcohol use
- * Gang involvement
- * Poor school attendance
- * Low school performance
- * Running away

Many parents are finding that traditional approaches to parenting just aren't working. Instructors encourage parents to: "Never give up, either on yourself or your child!" There is always hope for parents who are struggling to keep their children safe, strong and successful.

Why Parent Project® Works:

The overwhelming majority of parents deeply love and care about their children. For many, repeated frustrations and failures combined with the daily stresses of life often lead to feelings of helplessness. Parents may have given up because they felt success was unattainable.

The Parent Project® is an entirely new parent-training model. It not only delivers new skills and insights, it rekindles hope. Parents attending Parent Project® classes have the opportunity to experience success at home within the first week.

Parents attend and learn in a classroom with other parents in a non-judgmental climate. Parents come from all walks of life, and represent many types of families, traditional to non-traditional. Let's face it... grandparents, single parents, step-parents and older siblings might take on the parenting role today, as do foster parents. These classes are helpful to all.

Generally, those who take on the parenting role have the love, the desire and the proximity to their children that can make the difference. Still, many care-givers have watched helplessly as their children sink deeper and deeper into trouble.

Enroll in one of the two Parent Project® classes the Vacaville Police department offers. These programs have proven successful where other programs have failed.

Parent Project Jr.®

Catch the problems early. Don't ignore behaviors that you hope the children will outgrow. This program is specifically designed to meet the needs of parents raising difficult and impulsive younger children. This is a 7-week course that promises help for parents raising even the toughest kids, including those with ADD and ADHD. It is an award-winning curriculum that has helped thousands of parents. The focus of the class is on strong-willed kids ages 5-10 years old.

This program and its accompanying workbook, "Loving Solutions for Tough Kids, Ages 5-10 Years," assists parents faced with challenging behaviors.

Cost: \$30.00 per family
Some scholarships offered

Parent Project®

Also, an award-winning curriculum, The Parent Project® is designed to assist parents with strong-willed adolescents. This 10-week course gives parents concrete, concise tools to change negative or unwanted behavior in children between the ages of 11-18 years old. Participants receive a workbook called "A Parent's Guide to Changing Destructive Adolescent Behavior."

Cost: \$35.00 per family
Some scholarships offered